Valence School enabling independence

#### **Residential update**

Valence N

**Dear Parents and Carers** 

It has been a busy term, welcoming and settling our new boarders. We have had some positive feedback from both them and their parents, which shows we are managing their transition into boarding well and at the right pace for them.

The therapy team have been working with our teams in the evenings. They have been supporting physical management, and completing assessments for the sensory bathroom, so our students can enjoy the spa experience. They have been supporting independence skills, and ensuring students have the right equipment for all their independence tasks.

Students in the Residential Education Provision are working on the "Outcome toolkit for preparing for adulthood." We have divided the outcomes up to enable students to work on them each term.

This term we have been working on and supporting mental health and wellbeing. This includes:

- Understanding emotions which is seen in students meeting and role playing.
- Students have designed pictures to express emotions and feelings.
- Understanding relationships and friendships.
- What makes me feel safe, and happy?
- Pamper evenings.
- Taking time for themselves and spending time with friends.
- Students in the Keller bungalow have made potato faces, to express how they are feeling,
- Other activities are happening weekly such as : Powerchair Football, Drama, Offsite dance activities, Sports Hall activities, Karaoke nights, music evenings and offsite activities the students may choose to plan.

Students must ensure they have planned their menus and order food for the coming week, students are supported to make healthy choices.

#### Reminders for students' parents and carers

Students to bring coats into school. Students' clothes should be named. Toiletries to be named. Students to have pocket money, for trips off site and any Christmas shopping they may wish to do whilst here.

#### Events happening this term.

Bungalows Christmas parties, Best dressed Christmas bungalow competition, Christmas shopping trips, activities which will be shared amongst students, Ice Skating, Pantos, Bedgebury Christmas lights and music show, Ruxley Manor Ice Skating, Wisley Christmas lights and music.

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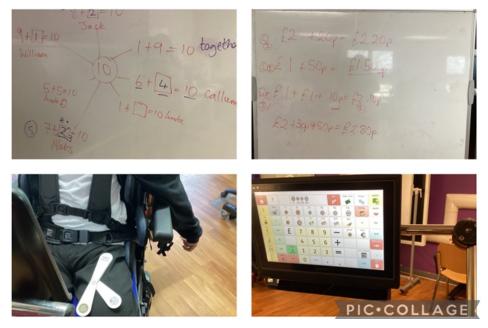






#### News from S6

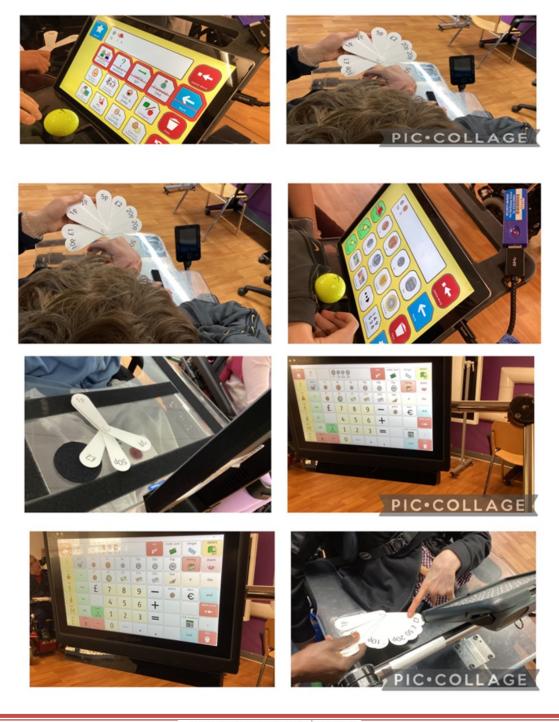
In Term 2 S6 have been learning about money- here are some pictures of our work!



We explored pictures of coins and made amounts of money.



#### We found coins on our VOCAs and make amounts of money







Come along to find out how you can

become involved in supporting our charity

Wednesday 15th November

PLC Valence School, Westerham with a 6pm start

Please RSVP to friends@valence.kent.sch.uk

#### **Evie's fundraiser for Dreamflight**

When I was 10 years old I went on an amazing trip to Orlando with Dreamflight, a charity which is close to my heart. It enables children who have disabilities or serious illnesses to have a holiday of a lifetime to Disney World, Florida.

I have Friedreich's Ataxia, I am now 17 years old, I have limited mobility and am wheelchair bound. This meant that I was allowed to experience one of these trips and would love to raise money to help other children a chance to go and have an incredible trip like I did.

I will be taking part in an aerobatics flight, something I have wanted to do for a long time. I hope you will be able to support me in achieving one of my dreams.

Thank you , Evie

www.justgiving.com/page/evie-fuller-1699035890472

Evie Fuller is fundraising for Dreamflight (justgiving.com)



# **Christmas Donations**

**Students can wear OWN CLOTHES on Mondays!!** If you can, please donate items of the following for our Christmas Hampers:

### Chocolates and cakes

#### Crisps

(Pringle tubs, luxury flavours)

## Bottles/cans of alcohol & non-alcohol drinks

ALCOHOL must come to school via transport who then hand to at reception / donation box.

No alcohol to be placed in students bags please.

# Christmas foods

(Christmas puddings, cakes, jam, chutney, jars of olives)

### Christmas themed items

(smellies, toys)

Please check expiry dates of products & ensure are past January 2024 Thank you for all your continued support





#### Senior Staff On-call Rota from 10th November 2023

#### **Contact details:**

| Jo Chivers<br>Roland Gooding<br>Lisa Kavanagh<br>Matt Strange |                      | 07896 905095<br>07896 905605<br>07912 124724<br>07894 483673 |                |                                 |
|---|----------------------|--|----------------|---------------------------------|
| Day   | Date                 | Time   | On-call        | Overnight                       |
| Friday  | 10/11/23             | 09:00 To midday  | Jo Chivers     | Open Weekend – Lisa<br>Kavanagh |
|   |                      | Midday to 4pm  | Lisa Kavanagh  | i ta ta ta agin                 |
| Saturday<br>Sunday  | 11/11/23<br>12/11/23 | Open Weekend – Lisa Kavanagh                                 |                |                                 |
| Monday  | 13/11/23             | 07.30 To midday  | Matt Strange   | Lisa Kavanagh                   |
|   |                      | Midday to 4pm  | Lisa Kavanagh  | Lisa Kavanagn                   |
| Tuesday   | 14/11/23             | 09:00 To midday  | Lisa Kavanagh  | Roland Gooding                  |
|   |                      | Midday to 4pm  | Lisa Kavanagh  |                                 |
| Wednesday   | 15/11/23             | 09:00 To midday  | Roland Gooding | Matt Strange                    |
|   |                      | Midday to 4pm  | Matt Strange   |                                 |
| Thursday  | 16/11/23             | 09:00 To midday  | Matt Strange   | Jo Chivers                      |
|   |                      | Midday to 4pm  | Jo Chivers     |                                 |
| Friday  | 17/11/23             | 09:00 To midday  | Jo Chivers     | Closed                          |
|   |                      | Midday to 4pm  | Lisa Kavanagh  |                                 |

